



# 3,000 GOOD THINGS PODCAST GUIDE

USE THIS GUIDE DURING SUPERVISION, TEAM MEETINGS OR TRAININGS, TO BUILD YOUR TEAM'S KNOWLEDGE ABOUT PCSAO'S SHARED PRACTICE MODEL: PACT

## EPISODE 16: Empowering Others During Times of Difficulty

In this conversation, Mike and Ashley talk with Julie, a child welfare administrator in a small county. They explore the importance of building relationships with youth in foster care, the challenges faced in navigating the system, and the significance of listening to the needs of young people. Julie shares her journey with a specific youth, Ryan, highlighting the impact of advocacy, empowerment, and the need for genuine connections in fostering positive outcomes. The discussion emphasizes the balance between agency rules and the emotional realities of the families involved, ultimately reflecting on hope and the potential for growth despite setbacks.

### PACT PROFILE: EMPOWERING

To acknowledge and purposefully set aside any real or perceived power indifferences so one can be confident in having a voice and authority in their own decision making

### TEAM DISCUSSION:

- Caseworkers, thinking of your current cases, are there families that could use some empowerment? What are some areas you can let go of some of your power to better partner with families to allow them to start making some decisions about their future that they can feel good about?
- Supervisors, do you have caseworkers that need empowerment? Are there some areas you can let go of some of your authority to allow your caseworkers to step into decision-making and out-of-the box thinking to allow them to work in a way that feels authentic to their engagement style?

**CLICK TO LEARN MORE ABOUT PACT HERE:**

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[PACT BEHAVIORAL RESEARCH BRIEF](#)

[PACT 7 GUIDING PRINCIPLES](#)



**Do you have a success story  
you want to share?  
Reach out to Ashley Roy at  
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*You can access this week's episode through the PACT LAB Weekly Update email or on Spotify at 3,000 Good Things. While you're there, like and subscribe to help us share the great work being done by amazing caseworkers and supervisors like you!*