

## Agenda for Mentor Training Day:

1. Welcome and Introductions and Program Overview. (30 minutes)
  - (Pre-test)
  - Peer Mentoring Program overview (Power Point)
  - Competencies and Learning Objectives (Power Point)
  - Role and purpose of mentoring (Power Point)
2. Relationship building (30 - 45 minutes)
  - Effective communication techniques (Power Point)
  - Role playing with practice sentences (Discussion)
  - Barriers/tips for effective communication (Power Point)
3. Break (15 minutes)
4. Strategic sharing and relationship boundaries (1 hour)
  - The power of your stories (Discussion)
  - Strategic sharing questions (?) (Power Point)
  - Circle of Support / Strategic sharing puzzle (Game)
  - Boundaries (Power Point)
  - Boundaries card game (Game)
  - Importance of self awareness (Discussion)
5. Lunch (45 minutes)
6. Cultural Competency Activity (?) (15 minutes) (Game/ Discussion?)
7. Decision making and leadership skills (30 minutes)
  - Decision Making Model (5 step model) (Power Point)
  - Role playing or group discussion (Discussion)
  - What is leadership? (Power Point)
8. Issues and Concerns for children in foster care (30 minutes)
  - Issues and trouble shooting responses (Discussion)
  - Recognizing signs
  - Trust
  - Confidentiality and mandated reporting
  - Vicarious traumatization
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9. Leadership and decision making vignettes (30 minutes)
  - Role playing
10. Wrap up and post-test completed. (10 minutes)